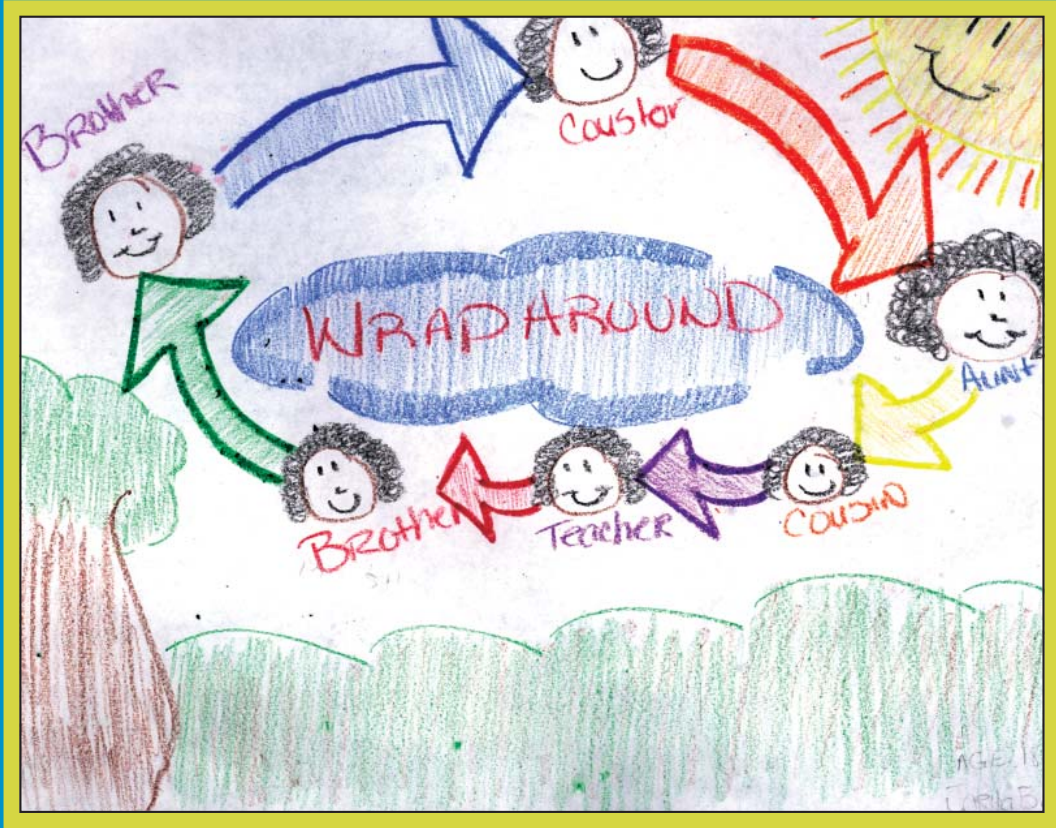


Building Healthy Minds

One Community Partnership

for Healthy Children



Wraparound Broward

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Introduction

Broward County’s One Community Partnership initiative was created to develop a system of care for the children and families in our community that are experiencing emotional and behavioral problems. These children are often identified as severely emotionally disturbed (SED).

Children identified as SED typically have multiple needs and are served by many systems including; primary health, educational services, social service organizations, juvenile justice, child welfare, mental health and substance abuse providers.

A system of care approach emphasizes family involvement at the highest level. The collaboration between the family and the case manager drives the process for planning and service delivery.

In summary, successful wraparound involves parents, children, professionals and natural supports working together to meet the individual needs of families.



Art by Jasmine, age 12

What is the Wraparound Process?

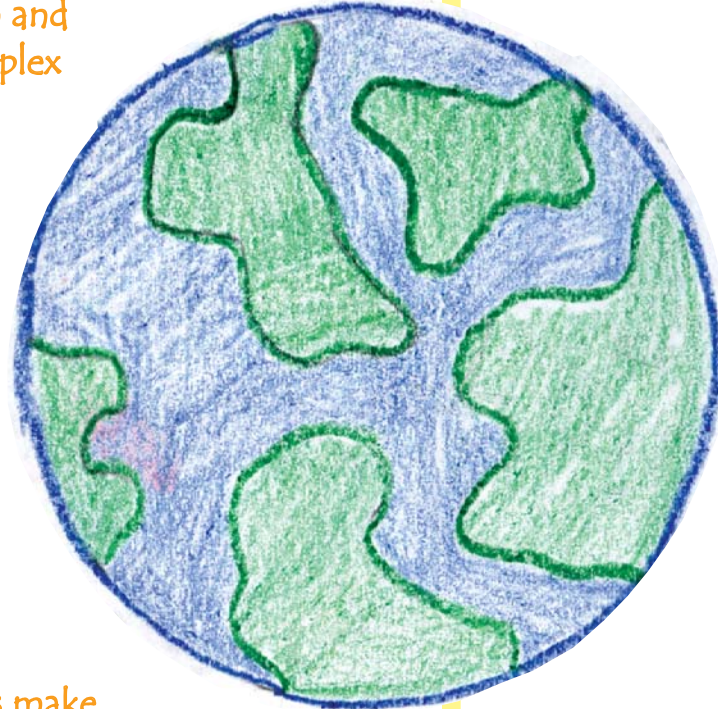
Wraparound is a process...
...that improves the lives of children and families who have multiple and complex needs

Wraparound is a process...
...that helps make a plan of care based on the strengths and needs of my child and our family

Wraparound is a process...
...that is child centered and family focused

Wraparound is a process...
...that looks to the supports and services in my community and helps make connections

Wraparound is a process...
...that respects who I am, my culture and my values. Wraparound recognizes that these are important with regards to how my family is supported.



Art by Africa T., age 18

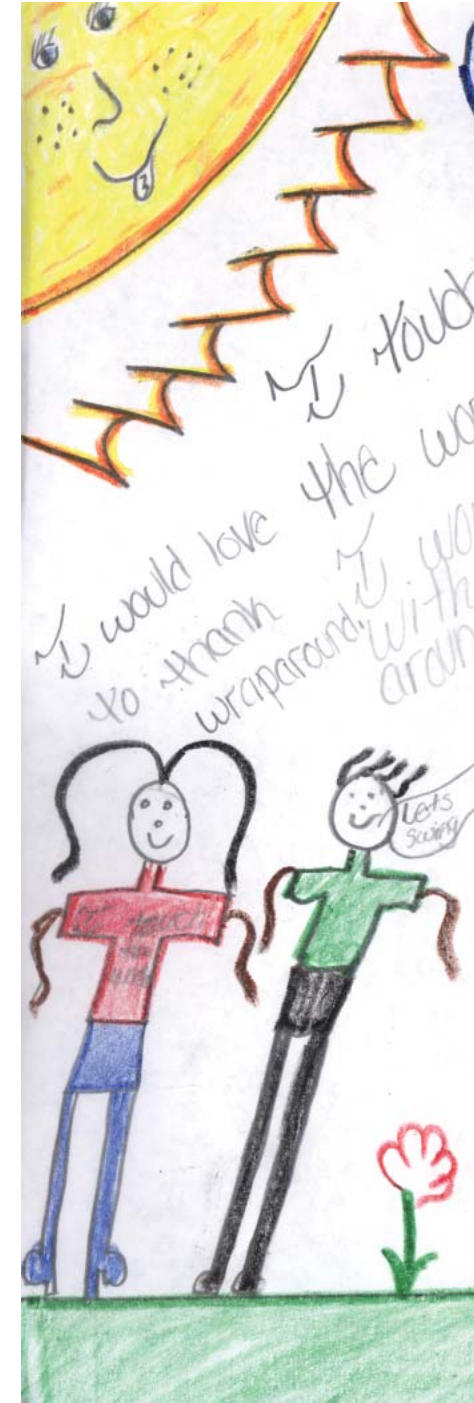
Wraparound is a Process...

Wraparound is a means of delivering unconditional care to children and their families. Wraparound provides an individualized, strength-based, needs-driven plan. Wraparound is not something that families "do", it is not something that you are "given". It is a commitment driven process where every member adapts a "never give up" philosophy and provides unconditional care and commitment to family and team development. Wraparound is a process made up of a series of steps.

Steps in the Wraparound Process

- ◊ Engagement- building a relationship with my family
- ◊ Immediate Crisis Stabilization- calming down the crisis
- ◊ Strengths, Needs, Culture and Vision Discovery- identify natural strengths and find services and supports in my community that are in the best interest of my family
- ◊ Building a Child and Family Team- create a team that can provide support to my family
- ◊ Wraparound Plan Development- work with my team to create a plan based on the strengths, needs and goals of my family
- ◊ Develop a crisis and safety plan for my family
- ◊ Transition and Graduation

These steps help to identify family strengths and supports to meet the unique needs of my children and our family.



Art by Jasmine, age 12

Wraparound is a process about my strengths

Every family has strengths...even when they are going through tough times. Together with the wraparound facilitator/case manager we will work to identify the strengths and needs of my family.

Our strengths will be recorded along with the resources that my family already has in place. This process will result in the development of a Strengths, Needs, Culture, and Vision Discovery.

Using all of the information, together with my Child and Family Team, I will be able to make a plan that works for my family.

All information shared is confidential and cannot be given or shared with anyone without my written permission.

Creative solutions based on my families' strengths

"We are in this together"



Art by Kim, age 16

Strength-Based Questions

Here are some of the questions I will be asked during my strengths-based assessment. I need to take a moment and think about how I would answer them.

If life were better for me, how would it look? _____

What are my likes and interests? _____

What are the best things about my family? _____

What are some of the things that I am good at doing? _____

What are some of the things that my family does together? _____

How do we celebrate special occasions? _____

Who has helped my family in the past? _____

Wraparound is a process that builds Child and Family Teams

The Child and Family Team that we build will help our family access the systems, services and supports that we need. This is our team: the people that we choose to help us. Our team may include friends, neighbors, faith-based supports, coaches, teachers, and even people from where I work. If other agencies are working with my child, I need to make sure that they are invited to be on my child's Child and Family Team. If my child has any court mandates, there *must* be a court member (such as Department of Juvenile Justice Probation Officer or ChildNet Child Advocate) on my team.



My wraparound facilitator/case manager will support us by:

- ◊ Helping me get everyone together at a time and place that is comfortable and convenient for my family.
- ◊ Making sure that family voice is heard and that we are happy with the decisions made
- ◊ Creating a service plan from the information that my Child and Family Team has agreed upon
- ◊ Helping me put my service plan into action
- ◊ Monitor our progress towards our goals, and
- ◊ Following and respecting my families wishes

Because this is our Child and Family Team:

- ◊ I can add members as I need their support; and
- ◊ No meeting can take place if my family is not there



Art by Kanisha, age 16

My Child and Family Team Worksheet

Me _____

My Child _____

My Significant Others _____

My Wraparound Facilitator/Case Manager _____

Neighbor _____

Relatives _____

Friends _____

School _____

Faith-Based _____

Juvenile Justice _____

Health _____

Agencies _____

Siblings _____

Others _____

Wraparound is a process about my goals

For the plan to work well for my family, it is important to have goals that support life getting better and what my family and I want to happen. We need to begin thinking about goals that are important to us.

Goals I've been thinking about: _____

Goals my child has been thinking about: _____

Goals we have been thinking about as a family: _____

The goals that my family and I set are like a map that tells my Child and Family Team where we want to go. If these goals are accomplished, I know that the plan was useful. If not, my team will help me create new ways to meet my family's needs.

Wraparound is a process about the needs of my family

My Child and Family Team will look at the goals that my family would like to achieve. Together, we will decide what we need from each other to reach the goals. If there are goals that I am unable to reach because I do not have the supports or resources (such as transportation, child care, money), my team is there to help me solve those concerns.

We need to take a look at the following areas of our life and think about the needs of our family. These areas are called "life domains". These are just a few to get us started:

Emotional/Psychological _____ Legal _____

Social _____ Spiritual _____

Safety _____ Family _____

Educational _____ Behavioral _____

Financial _____ Medical _____

Cultural _____ Home _____



Wraparound is a Process about Additional Needs

These examples might help get me started to list the needs of my family:

- ◊ A way to get to the doctor
- ◊ Getting up in the morning
- ◊ Someone to talk to when I am upset
- ◊ Issues at school
- ◊ Help with homework
- ◊ Taking the right medicine at the right time
- ◊ Someone to watch the baby one night a week
- ◊ Making friends
- ◊ Riding the bus

There are many ways to meet the needs of my family. We need to list exactly what our needs are and when they occur. We need to give our needs a lot of thought.

Art by Kanisha, age 16

My Needs Worksheet:

Life Domains:

1. Emotional/Psychological

2. Social

3. Safety

4. Educational

5. Financial

6. Cultural

7. Legal

8. Spiritual

9. Family

10. Behavioral

11. Medical

12. Home

Now that we have listed the needs of our family, we will decide the importance of each. My Child and Family Team and I will think about how these needs relate to achieving the goals we have decided upon. The team will take a close look at the needs that we choose and pick three to five of the top needs to work on first.



Wraparound is a process that plans for safety

Keeping my family safe is a very important part of wraparound planning. My wraparound facilitator/case manager will work with my family to help solve crises that may be happening. Additionally, my facilitator will help us predict what emergencies could happen, help me try to prevent them from happening, and plan together what to do if something does happen.

My Child and Family Team will make a Safety Plan that will give a clear plan of action so my family will know how to prevent emergencies or get the help we may need any time of the day or night, any day of the week.

The key to a good Safety plan is preventing things from reaching an emergency stage. If it does, I know who to call and how to reach all of the supports my family has identified to help us get through the emergency. Our Safety Plan clearly organizes what has to be done before, during and after a situation, and where and when my support systems are available.

To get ready for my Child and Family Team meeting we need to begin writing the names and numbers of people or services that are there for us or have been there for us in the past.



Our Safety Plan

The Safety Plan is developed to help my family prepare to address specific situations within my family that frequently lead to stressful and /or escalating interactions.

Role	Name	Phone Number	Alternate Number
Wraparound Facilitator			
Therapist			
Doctor			
Natural Support Person			
Natural Support Person			
Natural Support Person			
Mobile Crisis Team			
Other			
Other			
Other			



Safety Plan process...

List concerns (specific behaviors, precipitating events, risks...):

What has helped my family in the past and currently?

Safety Plan:

Step 1 _____

Step 2 _____

Step 3 _____

The following questions must be completed for all children with significant risk for harm to self or others:

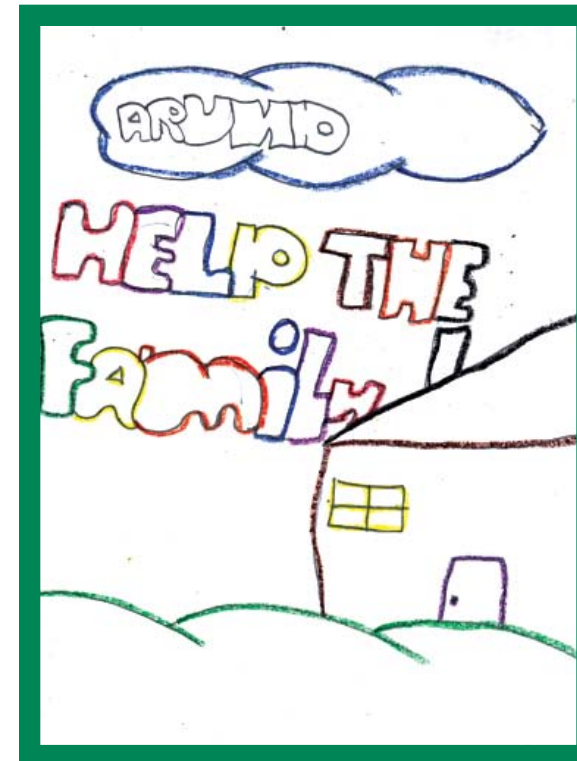
In the past five years has my child been suicidal or homicidal?

Is my child currently at risk for a suicidal or homicidal action?

Family Crisis Checklist

Below is a list of 10 things my family can do in a crisis situation that are safe and probably different from our old behaviors:

1. read
2. watch tv
3. go out for a movie
4. make a snack
5. separate and go to our "safe places"
6. go for a walk
7. call a friend
8. call my therapist or doctor
9. call my wraparound facilitator/case manager
10. call 211 (if life threatening call 911)



Art by Von B., age 19

Notes

Notes

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The Teen Advocacy Coalition

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