



Innovation
Compassion
Hope

2017 Holiday

wish list

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Dear Friend,

As we approach the holiday season, we are filled with images of families gathering for festive holiday meals, football games, and gift-giving.

A season that is supposed to be filled with joy can be difficult for many individuals living with behavioral health conditions. Often the “most wonderful time of the year” becomes the “most stressful time of the year.” Poverty, alienation from family, stigma and loneliness-often prevent a person with a mental health or substance abuse condition from enjoying the holidays.

As a non-profit organization, we are continuously working to give children, adults and families support and hope for a brighter future. There is no better time than the holidays to show a person that someone cares about them. Your generous donation in any amount, will do just that. Help to brighten the lives of many children who may not otherwise be remembered this holiday season or provide a hot meal to an individual or family in need.

If you would like to help, please contact me directly at 954-777-1624. Thank you for your kind and generous support. Wishing you and yours a joyous holiday season.

**Suzanne Higgins
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Director of Development
Henderson Behavioral Health**

Please help us provide a Thanksgiving Meal for
500 of our neediest families.

Family Thanksgiving Basket



Donate Gift cards for turkeys to:
Publix - Winn Dixie - Walmart - Target
Canned goods (green beans, corn, cranberry
sauce, black beans, yams, fruit)
Stuffing, rice
Corn bread mix
Dessert (brownie mix, packaged cookies)

Sponsor a meal for a family of 4 for \$50
Sponsor 2 families for \$100
Sponsor 4 families for \$200

Henderson Behavioral Health

Holiday Wish List

Children (Ages 0-12)

Age specific toys
Gift cards to Toys R Us, Walmart
Children's educational books

Teenagers (Ages 13-18)

Clothing for teen boys
Gift cards to sports stores
Socks, boxers (M-XXL)
T-shirts (M-XXL)

Young Adult Males (18-24)

Socks, boxers, t-shirts (L, XXL)
Twin bed comforter, sheet sets
Towel set, beach towels
Toiletries, Cologne
MP3 Player
Sports watches
Movie, bowling or other activity gift card

Adults (25 and older)

Toiletry items (shampoo, conditioner, soap, moisturizer,
toothbrush, toothpaste & deodorant)
Bath robes, pajamas, & slippers (male/female sizes: M, L, XL,XXL)
New Underwear (male/female sizes: M, L, XL, XXL)
Walmart gift cards
Perfume, Cologne, Cosmetics (new)
McDonald's, Burger King, Pollo Tropicale gift certificates
Tickets to shows, athletic games
Board games - playing cards
Adult sneakers, Large & XL sweat pants
Purses, belts
Large golf umbrellas